



First Things First

May 2010

Newsletter of :
First Lutheran Church, 120 5th Avenue NW, Minot, ND 58703

(701) 852-4853
PUBLISHED MONTHLY

Gather in Faith - Grow thru Grace - Share the Good News of Jesus Christ!

The beautiful weather, the warm sunshine, the grass beginning to turn green & buds visible on some of the trees... the end of the school year activities, spring sports & concerts... all the signs point to the fact that summer is just around the corner. Often times the activities, vacations, time at the lake and our need to squeeze so much into a few short months can mean we cut out worship during the summer. But, if you've been listening and learning as we talk about what it means to live and share a VIBRANT FAITH, you'll know that your living your faith in Jesus this summer isn't dependent on your worship attendance at First Lutheran. We have been talking about how faith is lived out and shared with others in our *daily lives*. We have been focusing on:

FIVE PRINCIPLES for passing on faith

1. Faith is formed by the power of the Holy Spirit through personal trusted relationships – often in our own homes.
2. The church is a living partnership between the ministry of the congregation and ministry of the home.
3. Where Christ is present in faith, the home is church, too.
4. Faith is caught more than it is taught.
5. If we want Christian children and youth, we need Christian adults.

FOUR KEYS for practicing faith

1. Caring Conversations
2. Devotions and Prayer
3. Service
4. Rituals and Traditions

So, as you are looking forward to summer, remember God wants to be a part of our everyday lives. He wants us to live each day knowing and sharing his love for us. So don't take a summer vacation from a life of faith! Remember, we have been learning that *Where Christ is present in faith, the home is church too.* Or should I say...where Christ is present in faith, the cabin, the lake, the camper, the family vacation is church, too. We can

practice the **FOUR KEYS** everywhere we are. Have *Caring Conversations* about life and faith—about what is important, what makes you worry, what makes you happy, how you saw God today, where you wished to have seen God more clearly. Make *Devotions and Prayer* a part of your daily routine. Pick up a *Christ in our Home* devotion booklet or a *Taking Faith Home* sheet and keep it and a Bible in your car so you have it with you when you travel. You can also access *Taking Faith Home* and an online devotion called *God Pause* from our church website. Pray as a family at mealtime and before bed. Read to your children from a Story Bible. Make worship a priority. As you plan your weekend decide which service you'll attend if you're home. Find a church where you can worship or use your Bible and *Taking Faith Home* sheet to lead your family in worship if you are traveling. Make *Service* a part of your daily life. Look for opportunities to help others and treat others with the love that God has for each one of us. Remember your offerings to your congregation even if you will be away much of the summer. Our church supports many ministries that serve the needs of others. Remember your interaction with others is a way of serving them—things as simple as holding a door open or offering a glass of something cold to drink is an act of service. And finally, find some *Rituals and Traditions* that remind you that you belong to God. Maybe before you take off on a trip you say a prayer in the car before backing out of the drive way. It can be something as simple as, "God, keep us safe as we travel. Bless our time together. Amen." Or begin or end the day by sharing a blessing. Say to each other something such as, "Remember you are a child of God and God's grace goes with you." Or "Sleep peacefully in God's grace." And make the sign of the cross on each other's foreheads. Or do this for yourself if you live alone.

Enjoy a summer filled with God's grace and love!



In Christ,
Pastor Kari

WEBSITE

We hope that all who are online will take a look at, bookmark, and use our newly revised web site (www.firstlutheranchurchminot.com). Features that can and should become regular, even daily tools include our weekly worship schedule (including whatever updates and cancellations are pertinent), a link to Luther Seminary's daily e-mail devotion called "God Pause," as well as a tremendous Bible resource called "Enter the Bible." The aim is that our website continue to be a tool not just for information about First Lutheran Church, but also a way of connecting people with resources and tools for living a vibrant, daily faith.

OFFICE CLOSURE & SUMMER HOURS

The church office will be closed on Monday, May 31, in observance of Memorial Day.

Also, we wish to remind you that effective Monday, May 17, we will start our summer office hours: 9:00 am—4:00 pm, Monday—Friday

SERVICE GROUP #6

Thank you to the people of Service Group #6 for their willing efforts in the service of our Lord and the family of First Lutheran Church.



As we get busy enjoying the warmer weather and other activities, please remember that the expenses of the church continue.

We have included a pre-addressed envelope for your convenience.

Enjoy the summer!

ALTAR GUILD



We have openings and are looking for people to serve, approximately one month a year, on the Altar Guild helping to prepare for Communion and other duties relating to worship. We also need people who are willing to substitute. If you would be interested, please contact Vicki Stevens at 839-0562, Diann Hanson at 838-8915, or the church office at 852-4853. The following Altar Guild members will be serving:

May —

Clarisse Anderson, Nancy Beck, Sue Olafson

June —

Mary Hove, Donna Whitmore, Brenda Lee, June Huntzinger

July —

Eloise Nordby, Sally Hambek, Joylea Knutson, Duska LaCount, Pat Slotto

August —

Steve & Deb Vangsness, Betty Neff, Irene Troxel

This will be the **LAST** newsletter for the summer.
We will catch up with you in **September!**

Keep in touch this summer by going to our website:

www.firstlutheranchurchminot.com

ATTENDANCE

<u>Month</u>	<u>Attendance</u>	<u>Offerings</u>
March 20/21.....	351.....	\$ 11,050
March 27/28.....	478.....	\$ 8,197
April 3/4*.....	849.....	\$ 24,000
April 10/11.....	338.....	\$ 8,355
	* Easter Weekend	

INCOME/EXPENSES as of the end of March 2010

	<u>Actual</u>
March Monthly Income	\$ 47,856
March Monthly Expense	\$ 49,032
Year-to-Date Income	\$ 147,151
Year-to-Date Expenses	\$ 139,284

SUMMER SCHEDULE STARTS

On May 23, we start our summer worship schedule with only one Sunday service, our Cantate service, at 9:30 am. We will continue to have the Saturday evening services at 5:30 pm as usual.

POTLUCK PICNIC IN THE PARK

Our annual summer potluck picnic at Roosevelt Park will be held on Wednesday, July 14, at 6:00 pm. Put the date on your calendars! Watch for more information in the Sunday bulletins or on the website later.



PARISH CTR & OFFICE HOURS

The Parish Center and Office hours are 9:00—5:00 pm, Monday—Friday through May 16. Starting May 17, we switch to our summer office hours of 9:00 am—4:00 pm. The doors will be unlocked then. *If you need access at other times, you will need a key and will be held responsible for lock-up.* Contact Jerry for more info and a key.

At times other than office hours, please dial the 852-4853 number leaving a detailed message on the answering service. (It takes about 6 rings before it picks up.) *Your message will be reviewed the next work day.* If an emergency should arise during non-office hours, please call Pastor Ken Nelson (837-8783).

PASTORAL ACTS

Baptisms

Benjamin David Hedberg

Marriages

None

Funerals & Memorials

Ardis Larson Randi (Forsberg) Rice
Thomas Enney R. Warren Pierson

CHURCH DIRECTORY

Olan Mills will be here on August 16-21, August 23-28 and September 7-11 for family photo appointments.



Call Judy Ross (839-7704) if you are willing to help with the upcoming Church directory. She needs help in calling and setting up appointments for family photos starting in June.

PRAYER SHAWLS

The prayer shawl group will not meet over the summer, however, yarn, patterns and shawls are available. Come to Pastor Kari's office when you need supplies.

FLC ADULT OPPORTUNITIES

Sunday Forums - 9:45 am - Forum Room (May 2, 9 & 16)
Making Sense of Reading the Scriptures

Men's Breakfast Group - 2nd & 4th Thursdays - 7:00 am - Charlie's Café (May 13 & 27)

Thursday Men's Bible Study - 1st, 3rd, & 5th Thursdays - 7:00 am - Conference Room (May 6 & 20, then break for summer)

Search Bible Study - Fridays - 9:30 am - Conf. Room (May 7 & 14—last sessions before the summer break)

BULLETIN & NEWSLETTER DEADLINES

Remember, the deadline for input and articles in the *First Things First* newsletter is the **10th of each month**, unless otherwise noted. We break for the summer. The next newsletter will be September.

The deadline for bulletin items is **10:00 am on Tuesdays** for that following weekend.

CAMP METIGOSHE

If you wish to send your children to Camp Metigoshe this summer, now is the time to make your decision.

Please register directly with Metigoshe Ministries and send the \$50 deposit in with your registration. If your child went last year, you should have received their brochure in the mail. If not, you can pick one up by the church office, or go online to:

www.metigosheministries.com to register.

FLC will pay 1/3 of the cost for members who are going to a (one session) camp. However, in order for us to do this, **you must also call the church office and let us know you have registered your child.** We need the following information: your child's name, which camp program, and what dates the camp will be held.

Please note that Camp Metigoshe does not keep track of which campers are from which church, so they do not report back to the churches. That's why it is important for you to contact us by the following dates:

- ♦ If your child is going to camp in **June**, you must have **called the church by May 15th.**
- ♦ If your child is going to camp in **July and/or August**, you must have **called the church by June 15th.**

If you do not call the church office by these dates, FLC will not be able to pay the 1/3 and you will be responsible for the entire camp fee when you drop off your camper.

SOME UPCOMING CAMP OPPORTUNITIES -

SUMMER CAMP WITH THE PASTORS--As you register your young people for Bible Camp this summer at Camp Metigoshe, please make sure you notify the church office both for the financial part of it, as well as simply letting us know **WHEN** your children will be at camp. **Camp is an irreproducible time and opportunity for our pastors to spend time with the children of our congregation, and we want to make sure we can have as much pastoral presence at camp when your kids are there as we can.** We realize that there are so many different opportunities and programs that it would be impossible for us to be there all summer long, but we do want to have some pastor presence there.

FAMILY CAMP--Sun., July 18 - Tues., July 20: How about some meaningful summer time away in the beauty of the Turtle Mountains, honing our skills as parents called to be pastors, apostles, and evangelists to our families? **Pastors Ken, Kari, and Mike and their families are all registered for that half-week family camp opportunity at Metigoshe and would LOVE to share that time with you there!** Registration materials are available by the church office.

GRANDPARENTS CAMP--Sun., June 23-25, July 25-27. This is for grandparents and their grandchildren (entering 1st through 4th grades).

First Lutheran Church Women

	<u>Hostess</u>	<u>Place</u>	<u>Day & Time</u>
#1	Carol Schultz	Trinity Ret.	May 13 - 1:30 pm
#2	No Hostess	Grand International Inn	May 6 - 9:30 am
#3	No Hostess	Kildahl Room	May 6 - 9:30 am
#4	Bernice Herberg	Kildahl Room	May 6 - 1:30 pm
#5	Joylea Knutson	Friendship Room	May 6 - 1:30 pm
#6	No Hostess	Conference Room	May 6 - 5:00 pm
#7	Colleen Ferrer	Friendship Room	May 6 - 7:30 pm
#8	Diann Hanson	514 Hillcrest Dr.	May 6 - 8:00 pm
#9	Audrey Hugelen	Friendship Room	May 11 - 7:30 pm

Dates to Remember:

May 4	4:00 pm	Bible Study Leaders
May 8	11:30 am	Mothers & Others Event
May 27	1:30 pm	Exec & General Board Mtg.

Mothers & Others

On **Saturday, May 8, starting at 11:30 am**, the FLCW are having the annual Mothers & Others Salad Potluck luncheon, in the Parish Center. There will be entertainment and a program by Sherry Leslie on "*Birding*", and lunch of salads, breads, and dessert will be at noon. *All women are invited. Bring your favorite salad and bring a friend, daughter, or granddaughter.* Enjoy an afternoon with "birds" as the theme.

Worship & Music

At the regular meeting April 6, the committee discussed the following:

Our meeting began with Pastor Mike leading devotions from John 20: 19-31 which contains a part of the 4 faith practices, caring conversations. Mike asked the committee about what aspects of worship spoke to your heart and mind. Discussion followed with many saying the “whole story” told on Palm Sunday was great! Other comments as follows: full house in church, parade of kids, additional people to assist, starting from the back of the church, kids at early service (drama) was excellent.

Pastor Mike said that Pete Speiser was going to preach on Sunday the 11th.

The worship and planning team is up and running and did a wonderful job of planning the Easter week. April 22 will be the next meeting and planning for June, July and August. Music groups will take care of Cantate Sunday.

Update on the organ: it seems to be working and people have looked at the pipes and the electrical board.

Darwin Langseth of the building committee stopped in and gave an update on the building project so far. He is aware of the need for a good sound system in both the church and the new section.

Other discussion:

- ♦ The new church being started up that is not associated with the ELCA.
- ♦ Need for new contemporary worship service—seems we need people to step up & contribute time/talents.
- ♦ Pianos: need to get rid of a few that are not being used and are very old.

Please contact any of the following with your worship concerns:

Julie Benson	852-6251
Clint & Jylann Hanson	725-4904
Joan Holum	839-7136
JoAnn Linrud (Chair)	838-2414
Beth Murphy	839-1011
Pastor Ken Nelson	837-8783
Pastor Mike Pancoast	838-8111
Judy Ross	839-7704
Wayne Schempp	837-9662
Jeannie Sovak	839-3706
Angie Speiser	839-6005
Rick Stevens	839-0562
Rita Sundahl	838-8295

Service of Prayer for Healing

Our *Service of Prayer for Healing* will be held on *Saturday, May 29, at 5:30 pm, and Sunday, May 30, at 9:30 am.* The next one will be on the weekend of August 28/29.

The *Service of Prayer for Healing* will take place as part of our regular weekend’s services in a truncated version of our regular liturgy. Of course, Confession & Forgiveness, Holy Communion, and our Prayers of the Church will be a part of these services, so integral are they to the reality of the realization of brokenness and the hope and promise of wellness extended to us through Jesus Christ.

Even if you yourself do not desire to come forward for Prayer for Healing, do not perceive yourself to be needful of Prayers for Healing, or are uncomfortable with coming forward for Prayer for Healing either for yourself or on behalf of others, **there is still a role for you in this service to offer prayer from your place in the sanctuary.**

As your pastors and Music & Worship Committee, we simply ask you...

...to be aware of this service

...to be somewhat knowledgeable about the history and Scriptural background for this ministry

...to be open-minded and open-hearted about this that will strike many as “different”

...to be prayerfully supportive and encouraging of those who seek healing and wellness

Please join us!



from
Julie Benson,
Christian Education Director

Christian Education



SUNDAY SCHOOL

Regular Sunday School Classes: 9:45—10:40 am

May 2
May 9— Last Class

CONFIRMATION SUNDAY

May 2—Special 12:30 pm Service

Confirmands meet in the church basement at 12:00 noon

CONGRATULATIONS TO OUR CONFIRMANDS:

Frankie Burgard	Cole Peskey
Hannah Gefroh	Alyssa Pratt
Dalton Harvey	Maurice Schlak
Meg Hoffart	Logan Shipley
Corbyn Holter	Kellie Sink
Taylor Lien	Lane Vendsel
Maren Livingston	Taylor Wenstad
Dillon Mattson	Kody Wolla

VACATION BIBLE SCHOOL June 28-July 2, 2010

Registration—Parish Center
9:00 am—June 28th

Preschool—Grade 1:

Follow Jesus on a life changing
“*SonQuest Rainforest Adventure*”

Led by First Lutheran Staff
Monday—Friday—9:00 am—noon

Grades 2—6:

Led by Metigoshe Ministry
Day Camp Staff
Monday—Thursday - 9:00 am—3:00 pm
Friday—9:00 am—noon

(please pick your student at Noon,
the counselors will leave at noon to go back to Metigoshe)

Join Us!



WEDNESDAY SCHOOL

Regular Wednesday School Classes: 6:00—7:00 pm
May 5— Last Class

7th & 8th Grade Confirmation: 6:00—7:15 pm
May 5—Last Class—Theme Night

FAMILY POTLUCK PICNIC

May 12—5:00 pm
Parish Center Courtyard
(in Parish Center in case of rain)

Join us for the end of the year celebration!

- ♦ First Lutheran will provide the hot dogs, hamburgers, beans and drinks.
- ♦ Families attending may bring salads or dessert.
- ♦ Games provided by the Congregational Life Committee.

VBS FAMILY PICNIC & PROGRAM

July 1st

Thursday—6:00 pm—Parish Center

Families whose last names end with . . .

A—N — Please bring a salad

O—Z — Please bring a dessert

First Lutheran will provide hot dogs.

Metigoshe Lock-In

(For students that finished grades 4-6)
Thursday night after the program

** Every student participating in Vacation Bible School at First Lutheran is asked to bring items for Camp Metigoshe. These items are used to provide services for students who attend camp. More information will be in a letter sent home with the children.

May 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																													
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Discipleship at First Lutheran Church

In the past we have used monthly service groups to fill many of our volunteer needs in worship and other happenings at FLC. We are in the process of changing how we fill our worship servant needs each month. We are working on creating “Discipleship Teams” (i.e.; communion assistants, greeters, coffee hosts, ushers, etc.), and will be building monthly servant calendars, publishing them on our website and in our newsletter.

You will be contacted about your interests and what you enjoy doing. Then you will be placed on the appropriate team(s), working with other people who enjoy serving in the same way.

Part of this process involves a tool called *“The Spiritual Gifts Assessment”* – an easy, quick and informative way of discovering your strengths and interests. We’ve begun using them in adult forums and will introduce them to other FLC small groups. Our goal is to eventually get them on our website so that you can take the assessment and help us build our discipleship teams. If you would like to take the assessment (It takes about 20 minutes) copies are available on the welcome table in the main church entry or outside the church office. When completed, you can mail or drop it off at the church office.

Thank you to everyone who has served on the service groups. It was and remains very much appreciated.

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A Thank You Letter

Dear Fellow Members at First Lutheran,

Greetings from Luther Seminary. I’m alive and well and finishing out my third year here on campus. This semester I am involved in the C.P.E. (Clinical Pastoral Education) internship that all of the Master’s in Divinity students are required to take. It is basically a semester long internship as a chaplain. Mine is placed at the Fairview Hospital located on the University of Minnesota Campus. It has been one of the most rewarding and life-shaping experiences of my life.

I’m getting married at the end of May! My fiancé is also a Luther student and is also on track towards ordination. We met here at school and just received our parish internship assignments, which we will begin in August and go for 12 months! I’m very excited to say that we will be spending our first year of marriage in Edmonds, WA which is located just north of Seattle and right on the Puget Sound.

I attended worship at First Lutheran unannounced on the 18th of April and was reminded again of where my call towards ministry originated. It was so wonderful to be back! It is your finical and spiritual support that makes it possible for me to continue my path towards ordained ministry and I just wanted to say again how very grateful I am.

In Christ,

John Simonson

First Things First

Newsletter of First Lutheran Church

May 2010 Issue

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First Lutheran Church
120 - 5th Avenue NW
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CHANGE SERVICE REQUESTED



First Lutheran Staff

Senior Pastor: Ken Nelson
Associate Pastors: Mike Pancoast, Kari Pancoast
Volunteer Coordinator: Vicki Rusch
Parish Receptionist: Becky Ortiz
Financial Secretary: Jennifer Hunze
Parish Secretary: Karen Wing
Parish Education: Julie Benson
Organist: Rita Sundahl
Custodians: Jerry & Sharon Heizelman

First Lutheran Council

President - Loraine Haugen
Vice President - Cindy Wilhelm
Treasurer - John Mercer
Secretary - Rick Haisch
Ken Gorze Elizabeth Slotsve
Doug Mattson Barb Solberg
Pam Schmidt
Missionaries: ~~~~~
Katie Narum-Miyamoto
Rev. Dr. Mark Nygard

WORSHIP & EDUCATION SCHEDULE

Wednesday: *Wednesday School & Confirmation* 6:00 PM
Saturday: *Worship* 5:30 PM
Nursery provided at Sunday Services (thru 5-16)

Sunday: *Worship* 8:45 AM
Sunday School & Adult Forum 9:45 AM
Worship 10:45 AM
Sunday Radio Broadcast - KRRZ 1390 AM - 8:45 am

SUMMER WORSHIP SCHEDULE—STARTS MAY 23 (with the following changes)

Saturday service at 5:30 pm—Sunday service at 9:30 am
Sunday Radio Broadcast on KRRZ 1390 AM at 9:30 am

OUR WEBSITE: firstlutheranchurchminot.com